



# DENTAL HYGIENE

*Nurturing healthy smiles*

## Keeping up with your dental health

Our dental hygiene team is here to help you take care of your oral health. Visit the hygienist every 3-6 months to avoid plaque and tartar build-up and take control of gum disease. Maintaining good oral hygiene helps prevent gum disease and ensures the longevity of your dental restorations.

## What can a dental hygienist do?

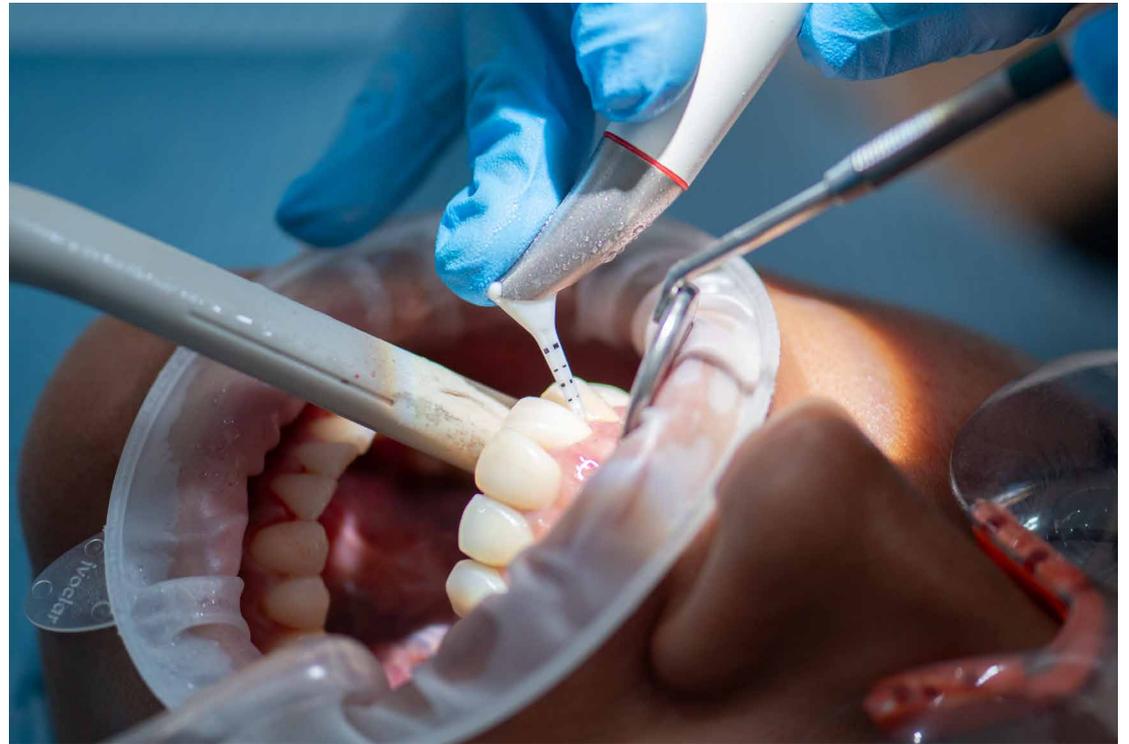
The dental hygienist's role is to keep your teeth healthy and clean. The central role of the dental hygienist is to:

- *Remove tartar from the surface of the tooth*
- *Provide advice about how you brush your teeth and maintain good oral hygiene*
- *Give fluoride treatment to protect your teeth*
- *Offer advice on cosmetic and restorative treatments*
- *Help stabilise and improve all forms of gum disease*

## GBT - Gold Standard in Dental Hygiene

At Silk Dental we use the latest technology to provide the most precise, effective and comfortable dental hygiene treatment possible.

EMS GBT is a gentler, modern hygiene clean that removes the soft, sticky film of bacteria and surface stains from teeth and around gums. It follows an 8-step process to ensure the best possible results.



## Read all our patient's reviews on Google

*Had an appointment with Gina and Sam this morning. It was the first time I had met Gina. She has a lovely manner and explained everything to me as she was going along. This team is very professional, and I felt comfortable and confident in the treatment I received.*

—★★★★★—

*Just had a session with hygienist Gina and her colleague Sam. No problems at all. They are both friendly, super-efficient and make a visit to the dentist almost enjoyable.*

—★★★★★—

*Gina is a brilliant hygienist, always explaining things very clearly, putting me at ease during the cleaning sessions. She is very thorough in her approach, discusses home cleaning routines in detail.*

—★★★★★—

*I highly recommend this dental practice. I hadn't been to a dentist for years and Gina, who is the hygienist was so calming, reassuring and gentle. I have never liked going to the dentist, but Gina has now changed how I feel. They are such nice people.*

—★★★★★—

*Great service from Silk Dentist. Very clear communication about what is needed, the options, timescales. Pricing clear. Real sense of customer service throughout. Always on time too. Came recommended by a friend and would absolutely recommend on for others.*

—★★★★★—

## Our Treatment Protocol

**Assess & protect** – We check your teeth, gums and (if you have them) implants, and pop on standard infection-control measures.

**Disclose** – We paint a harmless dye that reveals the plaque “hotspots”, so you and we can both see exactly where to focus.

**Motivate** – We show you what the dye revealed and give simple, tailored tips for brushing and cleaning between teeth.

**AIRFLOW®** – A warm, fine air-and-water mist with a gentle powder washes away soft plaque and surface stains above the gum.

**PERIOFLOW®** – If needed, a slim nozzle gently cleans soft plaque in deeper gum pockets and around implants.

**PIEZON® PS** – We only use an ultrasonic tip where any hard tartar is still stuck, keeping it as gentle as possible.

**Check** – Final look to make sure everything's clean; add protective fluoride if appropriate.

**Recall** – We agree when you should come back (often every 3–6 months, based on your gum health)



## MEMBERSHIP SCHEME

Our dental care membership encourages regular attendance, enabling us to spot problems before they arise and help you maintain healthy teeth and gums for life.

### THE 5 BIG BENEFITS OF JOINING

#### REDUCES THE RISK

of tooth decay and gum disease with regular attendance

#### YOUR ELIGIBILITY

to request Emergency call out and worldwide dental emergency 24/7, 365 days\*

#### EXCLUSIVE DISCOUNTS

member only price list with 20% discount on routine dental treatment\*\*

#### SPREADS THE COST

of your routine dental care through a convenient monthly Direct Debit

#### SAVE MONEY

compared to the alternative private pay-as-you-go fees

	SILK DENTAL CARE PLAN	SILK ENHANCED DENTAL CARE PLAN
Number of dental health examinations per year***	2	2
Number of hygiene appointments per year**	2	4
Small x-rays included	✓	✓
Monthly cost*	£19.50	£28.90

Depending on your dental health, your dentist or hygienist will advise which plan is needed to maintain your dental health.



SCAN ME

If you would like to listen to Gina explaining about the benefits of regular check-ups watch her video by scanning the QR code.



## WOULD YOU LIKE TREATMENT WITH GINA?

Treatment with Gina is a comprehensive assessment, the 8-step GBT protocol, along with advice on how to better maintain your dental hygiene. There is a £86 investment to secure the appointment.

- Started her career in dentistry as a dental nurse in 2016 before going on further training to become a dental therapist.
- She studied at the Greater Manchester school for dental care professionals in Salford and qualified in March 2021.
- Gina has since enjoyed treating patients in general practice, providing a wide range of treatments, including oral health education, treatment of gum disease, fillings, paediatric extractions, and tooth whitening.
- She has specific interests in treatment of nervous patients and children.



## Why choose Silk Dental

-  Silk prioritises individualised care, tailoring treatments to each patient's specific needs. From the moment you walk in, our team focuses on understanding your concerns, ensuring a comfortable experience, and crafting a personalised dental hygiene plan just for you.
-  We stay at the forefront of dental technology and techniques. Our dental professionals are highly skilled, continuously trained, and equipped with the latest tools, including EMS GBT, to ensure not only top-notch treatment but also a more efficient and comfortable dental experience.
-  Beyond routine cleanings, we offer a wide range of dental services under one roof. From preventive care to cosmetic treatments and restorative procedures, Silk aims to be your go-to destination for all your dental needs, providing convenience and continuity of care.
-  We believe in empowering our patients with knowledge. During appointments, we take the time to educate and engage you in your oral health journey. Our team provides guidance on proper at-home care and preventive measures, fostering a proactive approach to dental wellness.
-  Silk is designed to create a soothing and welcoming atmosphere, alleviating dental anxieties and making each visit a pleasant experience. From our friendly staff to our calming ambiance, we strive to make you feel relaxed and cared for throughout your time with us.



SCAN ME

To find out more about our services, book a **FREE** consultation with our treatment coordinator by contacting us on 01625 424 808 or booking online using this QR code

[silkdental.co.uk](http://silkdental.co.uk) | 01625 424808

SILK DENTAL, 30 CHESTER RD, MACCLESFIELD, SK11 8DG

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dental health tips**

Simply scan the QR codes

